

**About Institute for Financial Literacy and #MoneySense101 Seminars**

The Institute for Financial Literacy (IFL) is a collaboration between MoneySense and Singapore Polytechnic Enterprise Pte Ltd. IFL provides free and unbiased financial education programmes to the public without promoting commercial financial products. IFL holds talks and workshops at workplaces and works with numerous social service agencies as part of their outreach.

2 These financial education programmes cover basic money management, financial planning and investment know-how.

3 The aim of these programmes is to develop Singaporeans' core financial capabilities. Available programmes include:

- Understanding Money
- Understanding Yourself, Your Rights and Responsibilities
- Managing Everyday Money
- Planning Ahead
- Selecting Financial Products suitable for You

4 As part of the MoneySense 2021 campaign, members of the public can look forward to weekly sessions of the #MoneySense101 seminars.

Course outline:	Join us for a 60-min online seminar to learn how to begin your financial wellness journey. Learn the basics of financial planning - budgeting, saving for emergencies, investing and retirement planning. Ask our trainers any questions on financial planning and improving your financial health.  <u>Topics</u> <ul style="list-style-type: none"><li>• Assessing your financial fitness</li><li>• Budgeting and keeping track of your spending</li><li>• Saving for your goals and emergencies</li><li>• Starting with basic investments</li><li>• Working out your retirement needs</li></ul>
When:	Weekly sessions from 20 October to 8 December 2021

5 To register for the #MoneySense101 seminars, please visit [Registration Page](#).

6 For more information on IFL and its programmes, visit [IFL's website](#).